



**ENJOY**  
Your relationship is healthy when he...

**WARNING. SAY STOP!**  
There is violence when he...

**PROTECT YOURSELF. GET HELP**  
You are in danger when he...

# Fighting against violence towards young women

## THE VIOLENCE METER

*What is consent? It's the act of giving your approval consciously, freely and explicitly at any given time for a specific situation.*

*You can change your mind when you want and according to your own reasons. You do not have to justify yourself or be subjected to pressure.*



FEMALE VIOLENCE INFO

**CALL 3919\***

\*Anonymous and free